

## BACK TO SCHOOL

### Tips to prepare for the first days of school.

Take the pressure and anxiety out of back-to-school season with these helpful ideas from an educator. Whether your child is just beginning kindergarten or starting a new grade as a returning student, there is lots to be done to prepare for the year ahead, including checking in about their fears, anxieties, and concerns.

As summer winds down, it's natural for kids to experience nervousness-after all, your child is entering a structured group setting after months away. Some children will accept the change with joy, while others may need a bit more handholding to "Back-to-school will always be accompanied by a certain amount of nervous excitement or anxiety, but as a parent you can minimize fear of the unknown by being positive about school."

The below tips can help your family make a smooth transition into the school year ahead and give your child new perspective on the joys of the classroom.

**1. Visit the school or classroom before the first day.**

This is especially important if your child is returning to in-person learning after periods of remote learning. If your child's teachers do not invite families to visit ahead of time, you can still take a trip to the school to see the building and the playground.

**2. Talk to your child about their feelings about school, friends, teachers, and new activities.**

Social-emotional learning, or SEL, SEL refers to the ways in which children build healthy relationships with themselves and with others. This framework of self-awareness can begin at home. When discussing back-to-school, you might gauge your child's thoughts about the classroom. Ask them what they are looking forward to and what they are interested in learning, along with any concerns they might.

**3. Include a note with your child's snack or lunch.**

A special touch to let your child know you're thinking about them. "Sometimes parents draw quick sketches of their child's favorite book characters or a joke from their favorite funny book to guarantee a smile."

**4. Go school shopping.**

Designating items as "back to school," like an outfit or backpack, makes preparing for the school year a ritual and can stoke excitement. You and your child can pick out new books during this time as well.



NHGPS Summer camp was conducted from April 1<sup>st</sup> to April 30<sup>th</sup>, 2023.

Our tiny tots had a wonderful time during the Summer Camp. They enjoyed fun filled activities and most importantly they learned things which are useful in everyday life.

They also make new friends and socialize that develops their social skills and self-confidence.



## Flash back of celebrations at our school: 2022-23



Festivals like Ganesh Chaturthi, Onam, Janmashtami, Holi, International childrens day were celebrated with great enthusiasm.

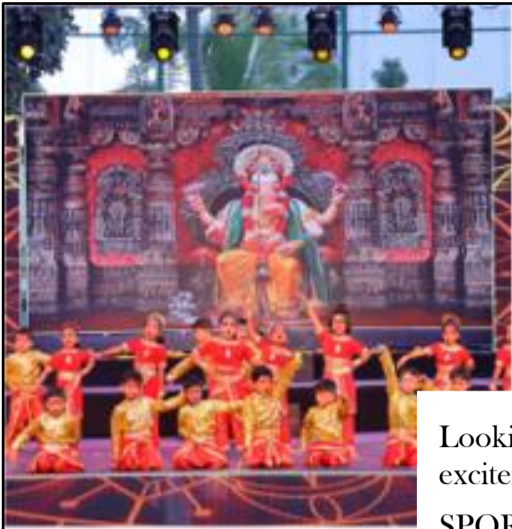
NURSERY's fruit mela was a fun and exciting experience for the kids. The mela was set up with different stalls and each booth had different varieties of fruits on display. It was intended to introduce kids to the different fruits in a fun and interactive environment. The kids were very enthusiastic and curious about the fruits. They excitedly approached each booth, looking at the fruits. The children were given a guided tour through the stalls. Each stall had a child who was dressed up as a vendor who explained the different types of fruits and how they were grown. The kids were encouraged to touch and smell different fruits.

LKG's color day celebration at NHGPS is a fun and interactive way for young learners to explore and learn about colors. We encouraged children to be dressed up in a specific color that corresponds to the theme of the class. The purpose of a color day celebration is to help children learn how to identify colors, understand the meaning behind different colors, and encourage creativity. Color day celebrations is a fun-filled and effective way of engaging young learners and providing them with an excellent learning curriculum that can stimulate their growing minds while providing a wonderful day.

UKG's celebrated a festival day. We wanted to introduce the children to different cultures, cuisine and traditions. The day was filled with lot of excitement. The day started with a cultural performance. Kids dressed in traditional attires. The performance showcased various dance styles and music instruments. Finally, the day ended with a multicultural feast. The preschool had a potluck, where families contributed dishes from different cuisines. The children got to try different types of food and learn about the foods that were important in different cultures. Overall, the festival day was a fun and enriching experience for the children. They learned about different cultures, traditions, and values, and had a great time doing it.



## Flash back of events at our school: 2022-23



Looking back at the events that unfolded last year, our school experienced a whirlwind of excitement and celebration.

**SPORTS DAY**, the much-anticipated sporting extravaganza, showcased our students' incredible athleticism and team spirit. The fields echoed with cheers as participants competed fiercely, leaving spectators in awe of their talent and determination.

The **ANNUAL DAY** proved to be a mesmerizing showcase of our students' creativity and talent. With vibrant performances in music, dance, and drama, our school community was treated to a mesmerizing display of artistic prowess. The stage came alive as students transported us to different realms, leaving an indelible mark on our memories.

**GRANDPARENTS DAY** was an occasion that filled our hearts with warmth and gratitude. Our students lovingly welcomed their beloved grandparents, paying tribute to their wisdom and unconditional love. From heartfelt speeches to heartwarming performances, the event celebrated the invaluable role grandparents play in shaping our lives and so was the family show **BANDHAN** which was yet another visual treat to everyone who witnessed the eternal love and the bond between parents and their children.

These events were a testament to the vibrant spirit of our school community. They brought us closer together, fostering a sense of pride and camaraderie. As we embark on another year, we look forward to creating more lasting memories and continuing the legacy of excellence and joy that defines our school.



## Field trip organized by our school: 2022-23



A delightful field trip was organized for our enthusiastic preschoolers, brimming with curiosity and excitement. Our destination was carefully selected to provide an enriching and fun-filled learning experience. Upon arrival, the children's eyes sparkled with wonder as they explored and discovered new sights, sounds, and smells. Engaging activities were tailored to their young minds, fostering sensory development and enhancing their understanding of the world around them. They eagerly participated in hands-on experiences, such as observing nature, interacting with animals, and engaging in age-appropriate games. The trip was a resounding success, leaving the children with lasting memories and a newfound love for learning.



## World environment day celebration: 2022-23



On June 5<sup>th</sup>, our preschool celebrated World Environment Day with great enthusiasm and zeal. The aim of this special day was to raise awareness among our little ones about the importance of protecting and preserving our planet. The theme for this year's World Environment Day was "Ecosystem Restoration," which emphasized the significance of restoring our natural habitats. To commemorate the day, we organized various activities and games that allowed the children to learn about environmental conservation in a fun and interactive way. We engaged them in planting saplings, creating artwork using recycled materials, and participating in a nature walk to observe and appreciate the beauty of our surroundings. Through these activities, the children gained a deeper understanding of their role in taking care of the environment. They learned about the importance of recycling, saving water, and reducing waste. Additionally, we screened educational videos and read books that highlighted the importance of biodiversity and the need to protect endangered species. Overall, our World Environment Day celebrations provided our preschoolers with valuable lessons about the environment and instilled a sense of responsibility in them to become eco-conscious citizens. By nurturing their love for nature at a young age, we hope to inspire them to make a positive impact on the world around them in the future.

## First day at school: 2023-24

On the first day at NHGPS, children and parents were warmly welcomed by the teachers and staff. Icebreaker activities were organized to help the children familiarize themselves with their peers. A classroom orientation provided an introduction to the preschool environment, including important facilities. Children had the opportunity to explore various learning centers, engage in circle time activities, and enjoy outdoor play. Snack and rest times were also incorporated into the day's schedule. Overall, the first day at preschool fostered a positive and inclusive atmosphere, facilitating a smooth transition and setting the stage for future educational experiences.



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